Where Tradition Meets Modern Rehabilitation

Renewed Vitality for Body, Mind, and Spirit.
We welcome you at our clinic where we are proud of our tradition of Bavarian hospitality and professional excellence. Our setting offers private rooms, places of tranquility, as well as opportunities for sharing and conviviality. The park-like grounds and pleasant ambience are ideally suited to contribute to a sense of well-being and recovery. With 205 rooms our privately owned clinic is among the largest oncological rehabilitation clinics in southern Bavaria.

A VERY WARM welcome!

CEO
Dr. Hannes Schedel

YOUR HEALTH is our Passion

„For more than 50 years, our clinic has been offering a high standard of medical excellence combined with a caring attitude, respect for our patients, and an appreciation of our shared humanity."

OUR MISSION is to provide comprehensive services in a nurturing and healing environment. We strive to further your recovery process so that you can go on with your life with renewed strength of body, mind, and spirit.

Klinik SCHEDEL
Prof. Schedel

The oncology clinic in Kellberg, Passau
At the heart of our work is the patient. Our guiding values are a commitment to the needs of the individual patient, transparency, reliability, excellence and quality of care – all based on many decades of experience. Our success is rooted in a tradition of caring with a personal touch.

On the road to recovery you need not walk alone.

Guy de Maupassant

Any encounter that touches your soul leaves a trace that is never completely washed away.

Lore - Lillian Boden

Being diagnosed with “cancer” does not only impact you physically, but also emotionally and mentally. How can one cope with the diagnosis? How can you live with it, even if life may never be the same? Psycho-oncology shows you ways for the mental and emotional aspects of your being to heal along with your physical recovery. We would like to help you develop new skills and perspectives which may give you renewed vitality and energy.

What our psycho-oncology department can offer you:
- Individual counseling appointments
- Guided visualization
- Topical discussion groups
- Strategies for coping with the disease
- Relaxation exercises
Our trained nursing team cares for your needs around the clock. Nurses can advise you on many topics and can help you on your way to renewed independence and mastery.

- Wound Management
- Ostomy Care
- Ostomy Training
- Self-help Techniques

HEALTH IS NOT EVERYTHING but without health everything is nothing.

Arthur Schopenhauer

NOTHING IS MORE OUTDATED than medicine stuck in the past.

Dr. rer. pol. Gerhard Kocher

At our clinic, you can expect leading-edge medical care based on information and communication. Our team of doctors and specialists offers you a broad spectrum of diagnostic and therapeutic interventions – without losing sight of the patient as an individual. A multi-disciplinary approach is especially important when it comes to caring for tumor patients. The collaboration of doctors from various specialties ensures a high standard of treatment.

We specialize in:

- Oncological aftercare for various tumors
- Secondary or concomitant problems
  > Muscular-skeletal difficulties
  > Vascular diseases
  > Metabolic diseases
  > Wound-healing problems
  > Psychosomatic issues
- Thyroid problems
- Gynecological problems, both benign and malignant
Endometriosis is a chronic, progressive gynecological problem where tissue characteristic of the lining of the uterus is spreading outside of the uterus. An estimated 10-15% of all women in Germany between the age of 15 and 45 are affected by this disease. Comprehensive medical care should include dietary modifications, physiotherapeutic care, naturopathic treatments, and balneological applications.

Our overarching goal is to achieve a noticeable reduction in symptoms while fostering a positive sense of self in women. Imagine feeling at home in your body, enjoying physical activities and moving with greater ease!

WE ARE STRIVING to offer leading-edge treatments

To effectively answer the needs of our patients we established a special department focused on treating problems in the pelvic floor area. From a variety of options we will choose the most effective ones tailored to the patient’s needs. The combination of interdisciplinary collaboration and innovative treatment methods ensures an optimal approach for issues such as incontinence. We stress the significance of patient education and individualized aftercare recommendations. To that end, we developed a training app and other instructional materials that can assist you in your self-care efforts upon your return home.

A helper to take home

So that the therapeutic effects of your pelvic floor exercises can be carried over into your daily routines at home we developed a program for your PC, tablet, or smart phone. This is the second best thing to taking your personal trainer home with you. Our website offers more information.
Physiotherapy can be an effective means to improve your quality of life. You may discover that there are as yet unused resources within you that can be mobilized to strengthen your mind and body.

Depending on your needs, your path to increased wellness may be assisted by the following modalities:

- Movement education
- Exercising individually or in a group setting
- Pelvic floor exercises
- Electrotherapy
- Hydrotherapy
- Lymphatic drainage
- Back and spine exercises
- Shoulder exercises
- Therapeutic ultrasound
- And various other modalities

Jim Rohn

Take care of your body. It’s the only place you have to live.

Art therapy can lead to many discoveries: about cloth, wood, and stone — but also about oneself. Whether you have prior experience or particular talents is irrelevant. In any event you can benefit from improving your concentration and dexterity, enjoying your creativity and capabilities, and developing a positive attitude.

Creativity is the well-spring of one’s being.

Wilma Eudenbach

Occupational Therapy

Physiotherapy
TO EAT IS A NECESSITY,
but to eat intelligently is an art.
La Rochefooucauld

Right eating plays an important role in the general health of an individual. Therefore, here at the Prof. Schedel Clinic, we offer you a variety of wholesome menus and a diet to suit your needs. We also provide nutritional counseling. Cooking demonstrations can help you to take home what you have learned.

You may choose from the following types of diets:
- Whole food
- Vegetarian
- Weight reducing diet
- Light food / Special diets
generally, we offer single-occupancy rooms; double-occupancy rooms upon request. If needed, rooms suitable for patients with disabilities can be provided. An accompanying person, such as a spouse, may lodge together with the patient upon prior arrangement. All rooms are equipped with a toilet and shower, telephone, and TV. We also offer WIFI and some terminals for internet access.

If you desire an even higher level of comfort, we recommend our premium rooms for a surcharge.

Going beyond recovery, you may wish to invest into your health with prevention in mind. We can offer you preventive health programs focusing on healthy nutrition, physical activity, mental balancing, and stress management. Take your future health into your own hands. A healthier lifestyle promises benefits for yourself — and your family.

The three columns of prevention:
- exercise, nutrition, stress management.

We are happy to support your efforts through an orchestrated program geared toward joyful, healthy living and prevention.

More information can be found on our website.

Our rooms are designed for your comfort.

On 50 square meters you will enjoy pleasant views onto the surrounding grounds as well as an ambiance with your comfort in mind. Premium rooms are furnished with a couch, a recliner, desk, desk chair, flat screen TV, and refrigerator. The bathroom features a hair dryer, bathrobe, and slippers. You will be greeted by a bowl of fruit and a bouquet of flowers. Daily, we offer a newspaper and mineral water.

The Deutsche Rentenversicherung does not permit this option for their patients.

Our rooms

Accommodations: 7 nights in a single room (or double if preferred)
Catering: 3 healthy meals a day
Free access to
- Sauna, steam room
- Indoor pool
- Cardio and strength training equipment
- Health coaching lectures
- Optional participation in excursions and other activities
- A park-like setting with opportunities to exercise ones balance, a path to stimulate the feet, a spring to invigorate yourself through partial immersion into the water for balneological applications ("Kneipp", May through September); a "spiritual path" for inspiration, lounge chairs for sunbathing (weather permitting)
- A regional discount pass (DONAU Card) valid April through October

For an additional fee you may:
- Participate in various excursions (as advertised on site)
- Rent Nordic Walking sticks appropriate for your size
- Enjoy golfing nearby (18+6 holes with special conditions for clinic guests)
- Receive additional treatments such as medical massages, lymphatic drainage, therapeutic ultrasound, phytotherapy, energetic applications, foot massage, podiatry, and hairdresser.

Sorry, no refunds for unused services.

All prevention packets include
- Accommodations: 7 nights in a single room (or double if preferred)
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PRogRAMMIng
and Events

COOKING DEMONSTRATIONS
with our chef or our nutritional counselors, covering the theory and practice of healthy eating.

HEALTH COACHING
with topics such as
- Heart health and circulatory diseases
- Thrombosis and embolism: prevention and treatment
- Osteoporosis prevention
- Cancer: What you may wish to know
- Stress management and coping
- Insomnia: Ways toward better sleep
- Pain management

CREATIVITY AND OCCUPATIONAL THERAPY
such as
- Art therapy
- Basket weaving
- Working with soapstone
- Working with paper as a medium

RELAXATION TECHNIQUES AND COMPLEMENTARY THERAPIES
- TaiQi and Qigong with qualified instructors
- Guided imagery and visualization exercises
- Guided meditation
- Concentration and memory exercises

MISCELLANEOUS EVENTS
- Religious services
- Exhibitions by local artist or artisans
- Video, film, or slide shows
- Readings of poetry or prose
- Live music entertainment
- Fashion shows
- Excursions by foot or bus
- Table tennis, badminton, darts
- Aerobic and strength training in the gym
- Wellness water massage
- Indoor pool, sauna, and steam room
- Make-up classes, hairdresser, cosmetologist
- Podiatry
- Library; daily newspapers for sale
- Outlets to recharge your e-bike for free

Every week, we offer some special events and programming for our guests. There may be a nominal charge for some events or activities.

Is our clinic right for you?
The Prof.-Schedel-Clinic specializes in non-acute care (rehabilitation) for tumor patients. Additionally, we treat concomitant psychosomatic complaints, some vascular disorders, thyroid problems, as well as benign or malignant gynecological illnesses.

When should I seek treatment?
You should come to us after the initial treatment (e.g., surgery, chemotherapy, radiation) or to further your recovery at a later time.

How can I get the ball rolling?
If you come to us right after your initial treatment, i.e., within two to five weeks after discharge, your acute care provider will refer you to our clinic. The usual length of stay at our clinic is three weeks, extensions may be possible. If you come to us at a later point in your recovery, other referral paths or considerations may apply. Feel free to inquire about your personal situation.

Inquiries are welcome
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A VACATION destination

With Kellberg as your base, you can take advantage of numerous opportunities for hiking and excursions.

Enjoy the beautiful sights of Passau, explore the sprawling Bavarian Forrest, discover the charm of the Danube valley, or visit our Austrian neighbors. If you like hiking, you will certainly love the many beautiful trails through the unspoiled region of the Bavarian Forrest.

We would be happy to provide information and guidance on how to make the most of your stay.
If you come by car:
Take the Autobahn Nürnberg/Passau (A3), take the exit Passau Nord. Drive along the Danube on road B388 – make a left turn toward Kellberg and follow the signs to our clinic. There is free parking for our guests.

If you come by train:
Take the train to Passau main station (Hbf). There is a taxi stand outside of the train station.

If you come by air:
The Munich airport (MUC) is 166 km (1:45 hours) away. The Linz airport (LOWL) is 77 km (1:30 hours) away.